



Managed Care

Community of Practice

Preparing the I/DD Field for Managed Care

Community First Choice Option (CFCO) Vision and Timeline

March 28th 2019



NEW YORK
**ALLIANCE FOR
INCLUSION & INNOVATION**

The Managed Care Community of Practice is a project of the New York Alliance for Inclusion & Innovation in partnership with the following organizations



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Introduction & Housekeeping

- Housekeeping:
 - Orientation to WebEx
 - Slides are posted at MC-COP.COM
 - Webinar will be posted in 2-3 business days
 - Questions not addressed today will be:
 - Reviewed and incorporated into future trainings and presentations
- Reminder: Information and timelines are current as of the date of the presentation



Agenda

- I. Introduction & Housekeeping
- II. OPWDD Acting Commissioner Ted Kastner
- III. Community First Choice Option (CFCO) Implementation
- IV. Managed Care Community of Practice (MC-COP)

Managed Care Transition for People with Developmental Disabilities

Theodore Kastner, MD, MS
OPWDD Acting Commissioner



Community First Choice Option (CFCO) Overview

Allison McCarthy

Office for People with Developmental Disabilities (OPWDD)





What is CFCO?

Description

- CFCO is an optional State Plan authority allowing States to offer home and community-based services to eligible Medicaid enrollees
- Expands access to attendant services and supports to help with everyday activities

CFCO Service Delivery

- Consumer controlled, personal assistance services/ supports for Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) and health-related tasks
- No “Budget Authority”
- Services must be provided to all Medicaid-eligible populations (DOH, OMH, and OPWDD)
- Provided in the community

CFCO Eligibility

Available to individuals who fulfill all of the following criteria:

- Eligible for Medicaid with “regular rules”
- Have an institutional level of care as determined by the functional assessment used by that population
- Are living in their own home or a family member’s home

CFCO in Managed Care

Many CFCO Services are already included in the managed care benefit package offered to eligible enrollees:

- Consumer Directed Personal Assistance
- Home Health Aide
- Homemaker/Housekeeper (Personal Care Level 1)
- Personal Care Level 2
- Personal Emergency Response System

Who is eligible for CFCO?

- All Institutional Levels of Care (LOC)
– in community
- Individual **Does not** live in a provider-owned or controlled residential setting
- Individual must be income eligible for Medicaid under “regular rules” (e.g., no waiving of parental income)

CFCO Services

- Many CFCO services overlap with HCBS covered under 1915(c) Waivers and will also transition to mainstream managed care

CFCO Authorized Services

- Assistive Technology (AT)*
- Vehicle Adaptations (V-mods)*
- Community Transitional Services (CTS)*
- Moving Assistance
- Environmental Modifications (E-mods)*
- **Community Habilitation***/ Skill Acquisition
- Maintenance & Enhancement (SAME)
- Personal Care
- Home Health Care Aide
- Consumer-Directed Personal Assistance Services
- Personal Emergency Response (PERS)
- Home Delivered Meals
- Durable Medical Equipment (DME)

CFCO
State
Plan

OPWDD
Comprehensive
1915(c)
Waiver*

***CFCO Service overlaps
with OPWDD
Comprehensive Waiver**

OPWDD Self Direction & CFCO

- CFCO does not include self direction with budget authority
- OPWDD individuals self-directing their Community Hab services with budget authority will continue to receive Community Hab under OPWDD 1915(c) waiver



How Will CFCO Operate?

Two Different Approaches:

Fee-For-Service

Managed Care

Who Authorizes CFCO Services?

Overlapping CFCO Services
& For I/DD people enrolled
in Fee for Service

- OPWDD

Other Services for all CFCO
eligible people enrolled in
Fee for Service

- Local Department of
Social Services (LDSS)

For People Enrolled
in Managed Care

- Managed Care Plan



Provider Designation/ Certification

- OPWDD will continue to:
 - Certify providers serving individuals with I/DD
 - Certify Providers to deliver specific CFCO/HCBS Services
- Licensed Home Care Service Agencies (LHCSAs) and Certified Home Healthcare Agencies (CHHAs) will provide Skills Acquisition Maintenance and Enhancement (SAME) to the non-I/DD population



CFCO and

COMMUNITY HABILITATION



Eligibility: CFCO vs. Waiver

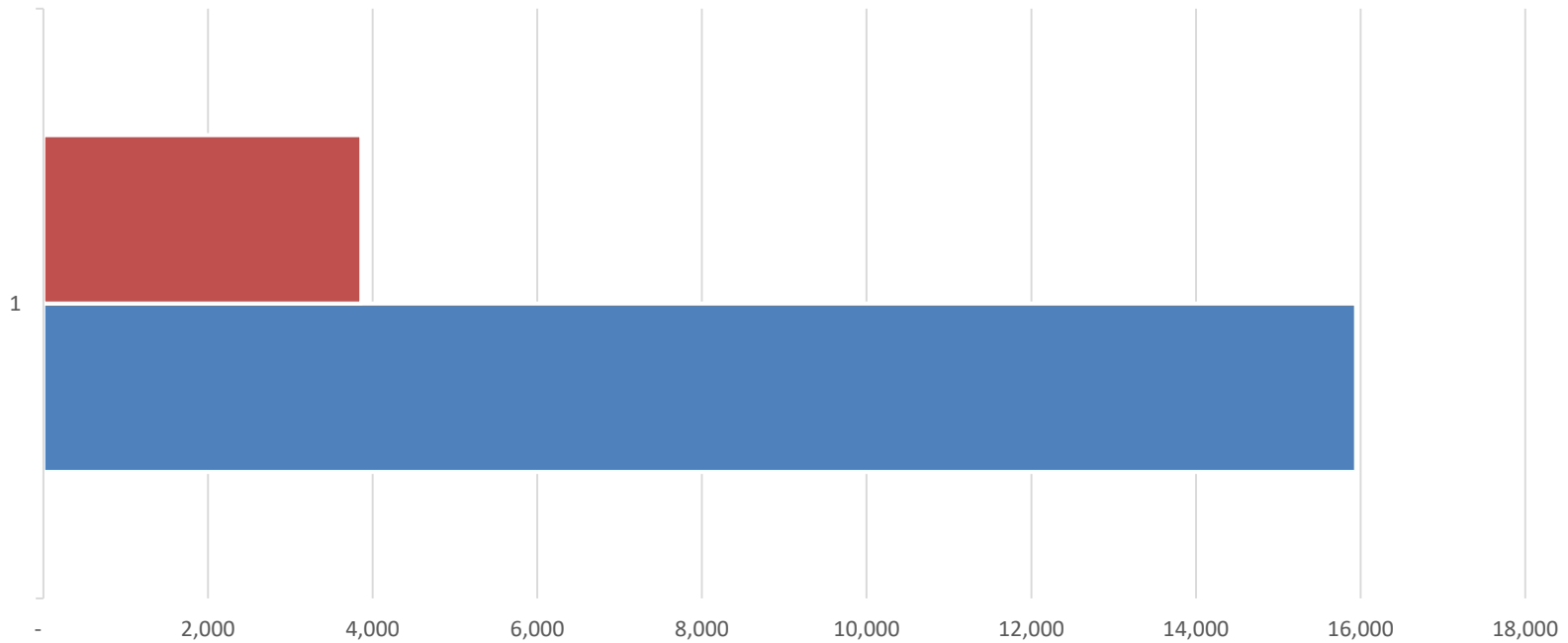


Community Habilitation (CH) & Managed Care (MC)

- All CFCO services will be included in the Managed Care benefit packages
- For CH providers serving individuals enrolled in a MC Plan
- Provider must either contract or have 'single case agreement' with MC Plans
 - Claims are submitted to the MC plan & payment issued by the MC plan
 - Future service amendment requests are submitted to the MC plan

Community Habilitation Services and Managed Care Enrollment

CH Services and MC Enrollment



■ Statewide CH Participation and Enrolled in MMC-3,862

■ Statewide CH Participation-19,806



OPWDD Recent Activities

- On 1/17/19 OPWDD sent a letter to Community Habilitation Providers regarding CFCO implementation requesting agency contact for ongoing communication
- Individual level CH data has been shared with Mainstream MC Plans and OPWDD CH providers via DOH secure messaging
 - This data will be run periodically and shared with the Plans and providers



Next Steps

- In-person Regional trainings to detail specifics of:
 - Eligibility
 - RE Coding
 - Continuity of Care Requirements
 - Utilization Management
 - Provider Protections
 - Guaranteed the same Medicaid payment rate for at least two years

Additional Information

[NYS Department of Health \(DOH\) CFCO Webpage:](#)

https://www.health.ny.gov/health_care/medicaid/redesign/community_first_choice_option.htm

For Questions:

CFCO@health.ny.gov



What is the Managed Care Community of Practice (MC-COP)?

- A project of the New York Alliance for Inclusion & Innovation (NY Alliance)
- Designed to bring technical assistance and resources to the field of I/DD providers to prepare for transition to managed care
- The education, training, technical assistance and resources developed by the MC-COP are free for ALL provider of I/DD in NYS (not only NY Alliance members)



Who Are MC-COP Resources For?

- ALL providers of I/DD services in NYS (not only NY Alliance members)
- MC-COP is funded through resources secured in the 2018-19 NYS Budget



What Do MC-COP Resources Include?

- Training, technical assistance, and education on managed care readiness, quality improvement and new reimbursement approaches associated with managed care
- Developed in collaboration with OPWDD and DOH

Overview of MC-COP – Part I

MC-COP is designed to be multi-year in scope, with components in Part I laying the groundwork for the resources to be deployed in later parts

Part I includes:

- Educational webinars on concepts associated with managed care and operational changes necessary for providers
- Creation, deployment and analysis of a provider readiness assessment – Organizational Self Assessment (OSA)
- Legal guidance and counsel on managed care related issues, including contracting with MCOs and developing IPAs
- Initial launch of **Regional Learning Collaboratives**, creating opportunities for communication and collaborative learning among providers

MC-COP Partners



Upcoming Events

ACTIVITY	DATE
CFCO In-Person Regional Trainings	
NYC	April 8 th 9:00 AM – 2:30 PM
Rochester	April 15 th 9:30 AM – 3:30 PM
Albany	April 16 th 9:30 AM – 3:30 PM

Register at www.mc-cop.com/in-person-events

CFCO In-Person Training

- State Overview of CFCO Transition
- Transitioning to Managed Care
 - Contracting
 - Credentialing
 - Billing
 - Claims Testing
 - Utilization Management
- Day 1 Requirements



Question & Answer

- Please continue to submit your questions in the chat box at the right of the screen
- If your question was not answered or if you have any questions, please email us at mccop.info@nyu.edu



Thank You!

We thank you for participating in the webinar.

A recording of the webinar will be made available shortly.

Visit www.mc-cop.com for more information

Contact us at mccop.info@nyu.edu

Managed Care Community of Practice

HOME PROJECT RESOURCES EVENTS MC OSA More

Preparing the Intellectual and Developmental Disability Field in New York State for the Transition to Managed Care

WHAT IS THE MANAGED CARE COMMUNITY OF PRACTICE

The NYS Department of Health (DOH) and the NYS Office for People With Developmental Disabilities (OPWDD) continue to implement new approaches to service delivery through intellectual and developmental disabilities (I/DD) Specialized Managed Care Plans. Building on the strengths of New York's I/DD Provider Community, the new system will address the unique and specialized needs of the population and the sector.

Through funds in the 2018-19 State Budget, the New York Alliance for Inclusion & Innovation has launched this technical assistance project to guide and assist all providers of OPWDD services through the transition to managed care. The Managed Care Community of Practice in I/DD will offer training, technical assistance and collaborative educational opportunities on managed care readiness, quality improvement and new reimbursement strategies to all New York's I/DD providers to enable not-for-profit agencies to leverage their strengths in the new environment.

There is no charge to access any of the Managed Care Community of Practice in I/DD resources.